

## **GROUND RULES FOR FACILITATORS OF HEALING**

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- Be committed to your own healing journey through self-healing and receiving healing sessions from others.
- You are only a channel. Healing comes **through** you **not from** you.
- Everyone has intuitive and healing powers. Some people know they do, and others don't. That's the only difference. Beware of ego-tripping, boasting or making claims about your healing abilities.
- Never judge or criticize your client even in thought.
- Offer healings as you are guided in an attitude of humility, compassion and unconditional love.
- Do not focus on the results of the healing, but accept and intend that whatever happens is for the highest good of all.
- Respect an individual's right to refuse healing and/or hold onto their pain or illness.
- Be sure to create balance between you and your client through establishing an energy exchange of some kind (money, trade of services, or statement of gift) that indicates clearly that s/he owes you nothing for your time and effort.
- Know that you cannot be all things to all people. You may be only one member of your client's healing team. Ask for guidance, and be generous in your willingness to refer your client to others who may be able to help your client for his/her highest good. It is possible that you may only be a point of referral.
- When you enable others to heal, you also receive healing for yourself. You may experience healing crises to be sure that you attend to your own healing.
- Thank your clients for the opportunity they have given you to do your healing work. It is an honor and a blessing to enable the healing of another.