



KARUNA REIKI®

Instructor: **Dr. Suchinta Abhayaratna, Th.D**

Karuna Reiki® Master

E-mail: chisuchinta@yahoo.com

Karuna Reiki® Classes

Karuna Reiki 1 Practitioner [Pre-requisite: Reiki 3 Practitioner (ART)]

Karuna Reiki 2 Practitioner [Pre-requisite: Karuna 1]

Karuna Reiki Master [Pre-requisites: Karuna 1 & 2 and Usui Reiki Master]

Karuna Reiki® Practitioner 1 & 2 will be taken as one class on two separate days. It can also be taken as a 3-course set. The complete Karuna Reiki program includes two levels, four attunements, eight treatment symbols and four master symbols. International Reiki Training Center class manual and certificate included.

Karuna Reiki I Practitioner: Students learn to use a set of 4 healing symbols that prepare for deep healing and are useful in resolving past issues. The vibrational quality of these symbols help release karmic and deep-seated issues at the cellular level. They also help break up negative patterns that we unconsciously use to insulate ourselves from the truth, thus shattering delusion and denial. It heals the Shadow Self, restores balance and leave client with a sense of deep calm and grounding.

Karuna Reiki II Practitioner: Students learn to use a set of 4 healing symbols that focus on connecting directly with the Higher Self and work on a deeper level to increase clarity and focus, reclaim physical, mental and spiritual power, and manifest goals. Techniques of using the voice (chanting and toning) for healing are taught at this level.

Karuna Reiki Master: Focuses on giving attunements and teaching all levels of Karuna Reiki®. Karuna Master attunements and symbols will be given with in-depth instruction on their uses and plenty of time to practice and experience them. You will be able to teach all levels of Karuna Reiki® after this class.

In each level, in-depth instruction is accompanied by meditation, personal reflection and practice to fully experience techniques, treatments and the use of symbols. At the Master level, you will also practice the attunement processes. You will be encouraged to use Karuna Reiki to heal yourself and enhance your own life while helping others to do the same.

You will be offered the opportunity to register with the International Center for Reiki Training (ICRT) as a Karuna Reiki Practitioner and/or Karuna Reiki Master **at no additional cost**. As a Registered Karuna Reiki Master you will be eligible to use ICRT manuals and certificates.

Tuition Fees: Please inquire about cost before you register.